

Maximize to Strong

FEATURES

Thigh pads easily adjust providing
Stability and comfort
Straight bar with angled end ensures
Correct arm and wrist position
Throughout motion

MUSCLES USED

Latissimus Dorsi , Biceps Brachii

MOTION DEVELOPED

Elbow Flexion , Shoulder Adduction



Lat Machine

MAXNUM MA-A 812 S

FRAME AND CABLES

Oversized Frame Tubing	Yes
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally Lubricated cables and fittings
Tube Thickness	3.0 mm.

WEIGHT STACK

Total Stack Weight	115 KG / 253 Lbs
Weight-Stack Pins	Magnetic Pins
Points of Adjustment	No
Guards and pulley Covers	Stack cover made of acrylic protects
Self-Lubricating weight stacks Bushings	Solid cold rolled steel plate, with Teflon inner bushings
Incremental Weight System	Yes

USER AMENITIES

Instructional Placards	Yes
Color-coded Pivots and Points of Adjustment	Yes
Personal Storage	No
Contoured Seating	Yes

TECH SPECS

Product Dimension (L x W x H)	125 x 86 x 233 / 50" x 34.4" x 93.2"
Product Weight	335 kg / 737 lbs
Certification	EN 957 Certified