

Maximize to Strong

**FEATURES**

Weight stack positioned at user's side allows quick and easy adjustments  
Kneeling position provides improved stabilization

**MUSCLES USED**

Dip: Triceps Brachii Anterior Deltoid  
Chin: Latissimus Dorsi, Biceps Brachii

**MOTION DEVELOPED**

Dip: Shoulder Flexion, Elbow Extension  
Chin: Shoulder Extension, Elbow Extension



## Dip / Chin Assist

## MAXNUM MA-B 1009 S

**FRAME AND CABLES**

Oversized Frame Tubing	Yes
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally Lubricated cables and fittings
Tube Thickness	3.0 mm.

**WEIGHT STACK**

Total Stack Weight	88 KG / 194 Lbs
Weight-Stack Pins	Magnetic Pins
Points of Adjustment	No
Guards and pulley Covers	No
Self-Lubricating weight stacks Bushings	Solid cold rolled steel plate, with Teflon inner bushings
Incremental Weight System	Yes

**USER AMENITIES**

Instructional Placards	Yes
Color-coded Pivots and Points of Adjustment	Yes
Personal Storage	No
Contoured Seating	Yes

**TECH SPECS**

Product Dimension (L x W x H)	155 x 137 x 236 / 62" x 54.8" x 94.4"
Product Weight	289 kg / 636 lbs
Certification	EN 957 Certified