

Maximize to Strong

FEATURES

Weight stack positioned at user's side allows quick and easy adjustments
Kneeling position provides improved Stabilization

MUSCLES USED

Dip: Triceps Brachii Anterior Deltoid
Chin: Latissimus Dorsi , Biceps Brachii

MOTION DEVELOPED

Dip : Shoulder Flexion , Elbow Extension
Chin : Shoulder Extension , Elbow Extension

Dip / Chin Assist

MAXNUM MA-T1009 S

**FRAME AND CABLES**

Oversized Frame Tubing	Yes
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally Lubricated cables and fittings
Tube Thickness	2.5 mm.

WEIGHT STACK

Total Stack Weight	88 KG / 193 Lbs
Weight-Stack Pins	Magnetic Pins
Points of Adjustment	No
Guards and pulley Covers	Stack cover made of acrylic protects
Self-Lubricating weight stacks Bushings	Solid cold rolled steel plate, with Teflon inner bushings
Incremental Weight System	Yes

USER AMENITIES

Instructional Placards	Yes
Color-coded Pivots and Points of Adjustment	Yes
Personal Storage	No
Contoured Seating	Yes

TECH SPECS

Product Dimension (L x W x H)	155 x 137 x 236 / 62" x 54.8" x 94.4"
Product Weight	289 kg / 635 lbs
Certification	EN 957 Certified